

English Translation

Revised in June 2010

Please read this insert before taking a drug.
Further, keep this insert so that you can read
it whenever necessary.

Living bacteria preparation for intestinal regulation

Designated Quasi-Drug

Bio-Three[®] H

Features:

Bio-Three H is a living bacteria preparation containing 3 different kinds useful bacteria such as Lactic acid bacteria, Butyric acid bacteria and Amylolytic bacteria. By active proliferation of these 3 kinds useful bacteria and the incidental increase of bifidobacteria, intestinal microflora becomes well balanced, consequently fecal disorder improves including constipation and loose stool.

Caution in use:

1. Following persons should consult with physician or pharmacist before taking.
Those persons who are currently receiving medical treatment by physician.
2. In the following case, discontinue taking and consult with physician or pharmacist by submitting this insert.

When symptoms are not improved after taking for about 1 month.


Ingredients & Content (per 3 sachets or 3g):

Ingredient	Content	Action
Lactomin (Lactic acid bacteria)	30mg	It produces lactic acid which regulates intestinal environments, and improves stool disorders by symbiosis with butyric acid bacteria.
Butyric acid bacteria	150mg	It proliferates in the intestine with lactic acid bacteria and produces butyric acid which is useful for intestinal health, and activates intestinal movements.
Amylolytic acid bacteria	150mg	It proliferates bifidobacteria and lactic acid bacteria which are useful intestinal bacteria.

As additives, Polyvinyl-alcohol (Fully hydrolized), Povidone, Potato-starch and Lactose hydrate are contained.

Indications:

Intestinal regulation (fecal regulation), Constipation, Soft stool, Abdominal fullness

 Picture of girl

Those with constipation

 Picture of man

Those with soft stool

 Picture of boy

Those with abdominal fullness

Dosage and administration:

Take the followings after each meal.

Age	Each dosage		Daily frequency
	sachet	bottle	
Adult (more than 15y)	1 sachet	1g	3 times
Infant (3m – 15y)	1/2 sachet	0.5g	
Baby (less than 3m)	No administration		

(For bottle, one spoonful is 1g.)

Caution for dosage & administration:

For infant's administration, parents should take care of them.

Caution for storage and handling:

- (1) Keep with sealing in a dry place avoiding direct sunlight.
- (2) Keep away from children.
- (3) Do not change to other container. (To prevent misuse and deterioration)
- (4) When keeping the remains after unsealing sachet, fold back the sachet and use up within 2 days.
- (5) The spoon attached with bottle should be exclusively used for this product.
- (6) Do not use after expiration.

Packing: 1g x 36 sachets, 1g x 90 sachets, 120g

For inquiry: For any inquiry about this product, please contact the below:

Domestic distributor:

TOA Shinyaku Co. Ltd.

3-2-11 Nishi-Shinjuku, Shinjuku-Ku, Tokyo

Tel: 03-3347-0770, Fax: 03-3347-0780

9:00am – 17:00pm (Week days only)

<http://www.toashinyaku.co.jp/>

Manufacturer: TOA Pharmaceutical Co., Ltd. 2-1-11 Sasazuka, Shibuya-Ku, Tokyo

Domestic distributor: TOA Shinyaku Co. Ltd. 3-2-11 Nishi-Shinjuku, Shinjuku-Ku, Tokyo